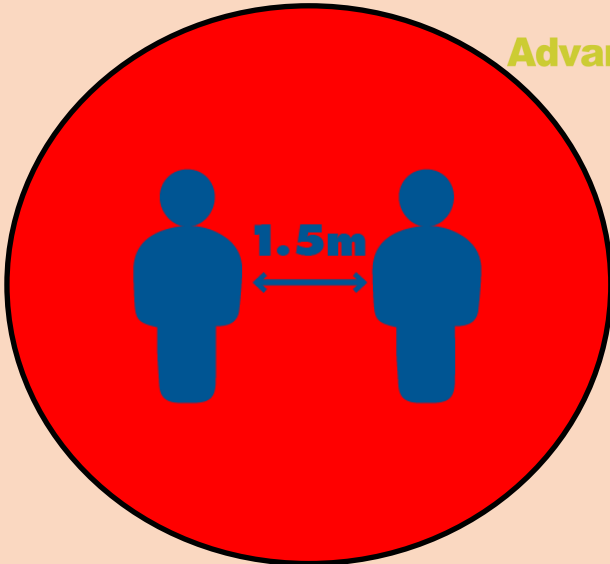
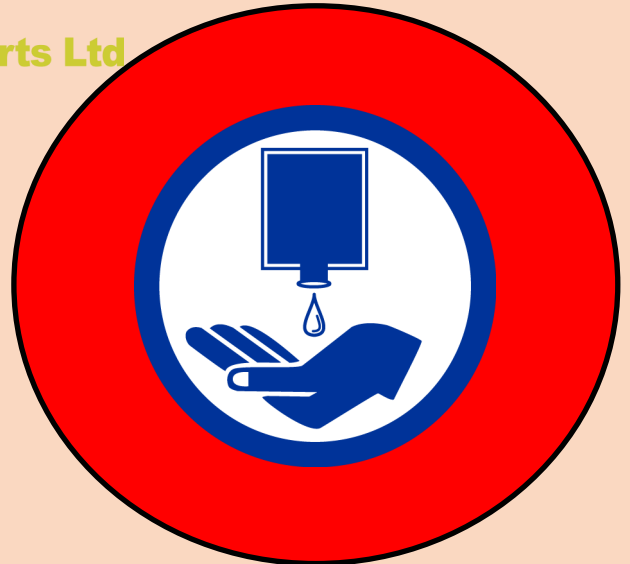




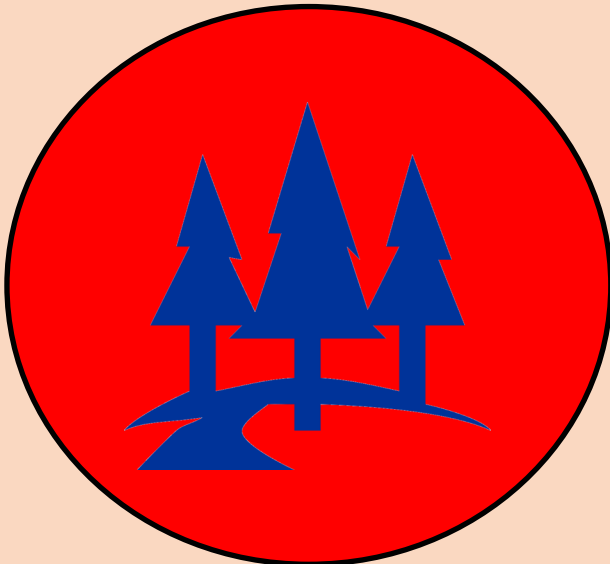
Advanced Sports Ltd



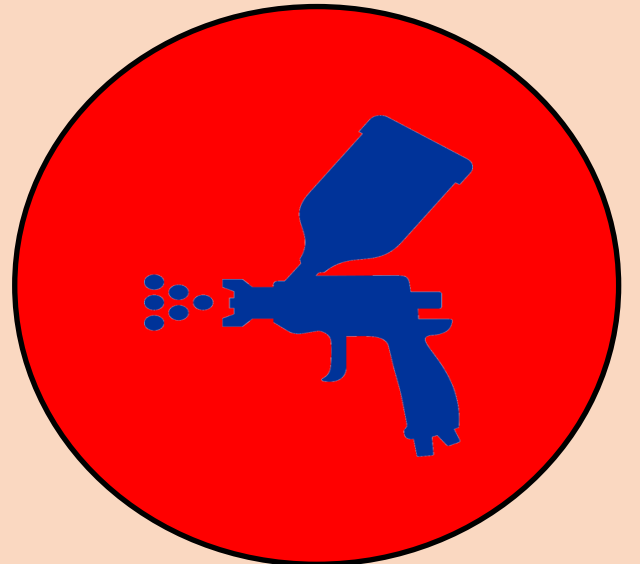
**MAKE FRIENDS BUT AT A DISTANCE**



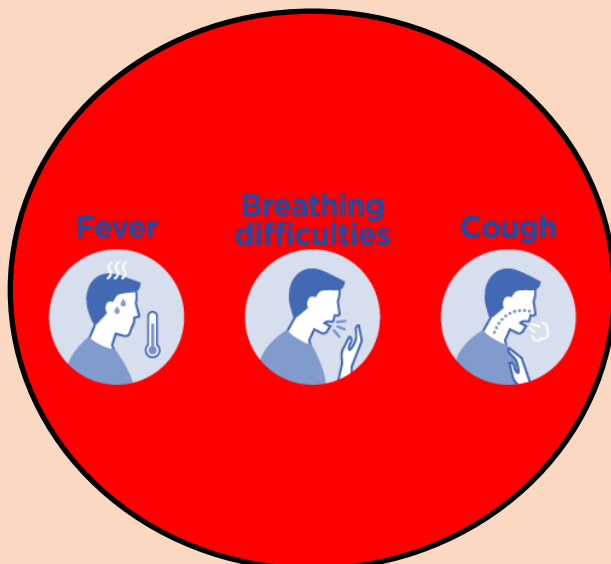
**SANITISE REGULARLY**



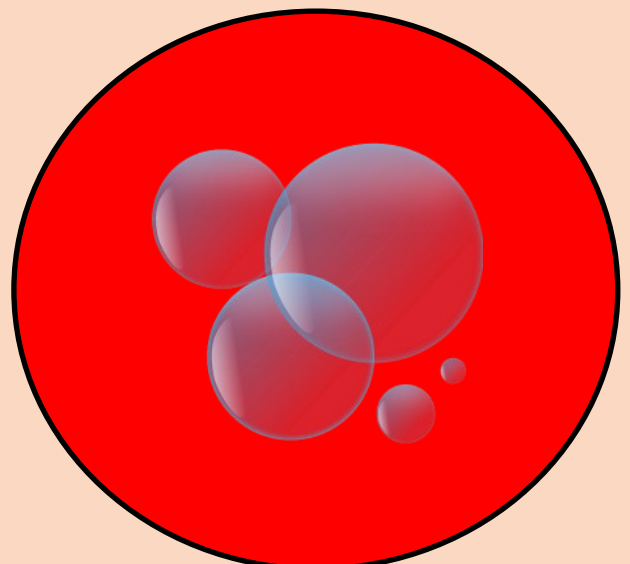
**ALL SESSIONS ARE OUTSIDE**



**EQUIPMENT SANITISED REGULARLY**



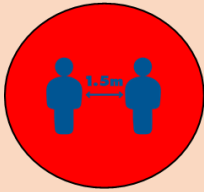
**3 POINT SYMPTOM CHECK**



**SUPPORT BUBBLES ENCOURAGED**



**Advanced Sports Ltd**



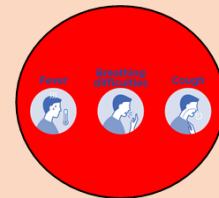
**Children will be encouraged to keep their distance when taking drinks and lunch breaks, and to attempt to remain in their bubbles at all times.**



**Children will be asked to sanitise/clean their hands before and after training, and before having their lunch. Hand washing for a minimum of 20 seconds**

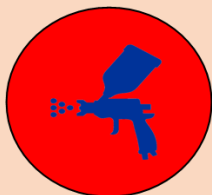


**All sessions will be outside, with a designated eating and storage of baggage area clearly marked. All parents to quickly drop bags and ensure all items clearly marked**

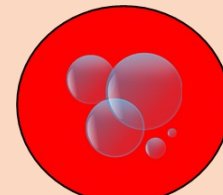


**A covid-19 Symptom check must be carried out prior to attending and signed to say complete**

- 1) New or continuous cough**
- 2) Temperature above 37.5 C**
- 3) Loss of or change to taste or smell**



**All equipment will be sanitised both before and after the session. Any breaks in play the equipment will be cleaned and sanitised before being used again**



**Whilst we encourage play and making new friends whilst playing games, all breaks in play children must attempt to remain in their bubbles of either age/school/home/previous friends.**



**Advanced Sports Ltd**

## **For Parents/Carers**

- **If you choose for your child to take part, you will need to give your written consent to the club and or coach.**
- **Ensure you are comfortable with the club's Covid-19 planning arrangements before doing so.**
- **Please travel to and from the club with a family bubble or group of friends where possible**
- **You may already be aware that the period of isolation may have resulted in your child becoming anxious or unsure whether to resume previous activities, such as football. Please only support their return to football activity when they feel confident to do so and you feel the activity is safe and right for them.**
- **Your child must arrive changed and ready to exercise.**
- **Ensure your child takes their own water bottle and their own hand sanitiser, both clearly marked with their name. They must not share these with anyone else.**
- **Please ensure your child/children know how to maintain good hygiene and hand washing**
- **Young children may struggle to maintain social distancing. Please continue to do your best to help your child recognise what two metres or 'one-metre plus', look and feel like – for example, related them to arm spans or standing jumps for example.**

## **COACHES WILL ENSURE**

- **Competitive training will take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30**
- **Before and after the session, and in any breaks, all participants should practise social distancing, in line with Government guidelines on two metres or 'one metre plus'.**
- **Competitive matches are now permitted to take place however, social distancing must be adhered to both before and after.**
- **All participants will remain socially distant during breaks in play with designated areas for storage of water bottles and hand sanitizer made available.**
- **Where possible no goal celebrations, hugging, or contact join play will be attempted.**
- **Respect is given to each player and child, with respect given to the coaches at all times**

**WHILST WE ENCOURAGE PLAY AND FREEDOM TO ENJOY THEMSELVES, WE MUST STRESS THE IMPORTANCE OF FOLLOWING THE RULES AND REGULATIONS, ANY CONTINUOUS FAILURE MAY RESULT IN A CHILD BEING SENT HOME**